

Held at the London Hunt  
and Country Club

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1431 Oxford St W,  
London ON N6H1W1

## 50<sup>th</sup> Anniversary of Residents' Research Day

In the Department of Otolaryngology –  
Head and Neck Surgery  
Friday April 26 2024

**Distinguished Visiting Professor:  
Dr. Kathleen Yaremchuck, MD, MSA**

Chair Emeritus of Otolaryngology - Head & Neck  
Surgery at Henry Ford Hospital,  
Detroit Michigan

**" IF We Knew Then, What We Know Now  
About OSA "**



By the end of this session, participants will be able to:

1. Identify opportunities for personalized therapy for OSA
2. Discuss pharmaceutical agents for treatment of OSA
3. Describe alternative therapies for treatment of OSA

**Distinguished Guest Alumnus:  
Dr. Hussain Alsaffar, MBBS, FRCS**

Consultant Head and Neck Oncology Surgery and  
Microvascular Reconstruction Surgery  
King Faisal Specialist Hospital and Research Center,  
Riyadh Saudi Arabia

**"Navigating the Path to Success: Resilience and  
Strategies for Thriving During Otolaryngology-  
Head and Neck Residency"**



By the end of this session, participants will be able to:

1. Review the essential role of Resilience on mentors, peers, and resources in achieving success during otolaryngology residency
2. Describe key challenges and stressors commonly faced by otolaryngology residents and develop strategies for resilience and personal growth
3. Summarize effective time management and self-care techniques for maintaining a healthy work-life balance during residency
4. Illustrate the importance of continuous learning, adaptation, and seeking constructive feedback in the pursuit of excellence as an otolaryngologist-in-training

[www.schulich.uwo.ca/otolaryngology/cme/researchday/2024.html](http://www.schulich.uwo.ca/otolaryngology/cme/researchday/2024.html)

## Overall Learning Objectives

By the end of this program, participants will be able to:

1. Critically appraise the scientific presentations with respect to methodology and clinical applicability pertaining to Otolaryngology – Head and Neck Surgery
2. Discuss the scientific presentations and reflect on their potential implications for patient care.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.50 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

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|---------------|---|---------------|---|
| 08:00 – 08:25 | Coffee in Exhibitor Area  | 13:05 – 13:25 | Welcome Back and Call to Order  |
| 08:25 – 08:35 | Welcome   | 13:25 – 13:35 | Dr. Emily Aleksa (Supervisor: Dr. Julie Strychowsky)<br>Surgical Management of Paediatric Complicated Sinusitis.  |
| 08:35 – 08:50 | Educational Objectives and Call to Order  | 13:35 – 13:40 | Interactive Discussion  |
| 08:50 – 09:00 | Dr. Brooke Turner (Supervisors: Drs. Kathryn Roth and Michele Weir)<br>Adequacy Rate of Surgeon-Performed Ultrasound Guided Fine-Needle Aspiration Biopsy of Thyroid Nodules: A Quality Assurance Project | 13:40 – 13:50 | Dr. Palak Suryavanshi (Supervisor: Dr. Julie Strychowsky)<br>Medical Reconciliation in Otolaryngology-Head & Neck Surgery: A Quality Improvement Project                |
| 09:00 – 09:05 | Interactive Discussion  | 13:50 – 13:55 | Interactive Discussion  |
| 09:05 – 09:15 | Dr. Daniel Newsted (Supervisor: Dr. Sumit Agrawal)<br>Clinical Validation of a Novel Deep Learning Network for Automatic Cochlear Segmentation  | 13:55 – 14:05 | Dr. James Fowler (Supervisor: Dr. Leigh Sowerby)<br>Management of Anterior Epistaxis in the Emergency Department Using Rapid Rhino and Merocele: A Cost Analysis        |
| 09:15 – 09:20 | Interactive Discussion  | 14:05 – 14:10 | Interactive Discussion  |
| 09:20 – 09:30 | Dr. Sami Khoury (Supervisor: Dr. Julie Strychowsky)<br>The Safety of The Laryngeal Mask Airway in Adenotonsillectomy: A Systematic Review and Meta-Analysis   | 14:10 – 14:20 | Dr Andrew Bysice (Supervisor: Dr. Kevin Fung)<br>Leave the Tube In Or Pull It Out? Challenging the Current Thinking About Managing an Airway Fire Using A Porcine Model |
| 09:30 – 09:35 | Interactive Discussion  | 14:20 – 14:25 | Interactive Discussion  |
| 09:35 – 10:05 | Intermission: Coffee with Exhibitors  | 14:25 – 14:55 | Intermission: Coffee with Exhibitors  |
| 10:05 – 10:10 | Call to Order   | 14:55 – 15:00 | Call to Order   |
| 10:10 – 10:20 | Dr. Karan Gandhi (Supervisor: Dr. Corey Moore)<br>Robot-Assisted Orbital Rim Reconstruction: A Cadaveric Study  | 15:00 – 15:05 | Introduction of Dr. Hussain Alsaffar,<br>Distinguished Guest Alumnus  |
| 10:20 – 10:25 | Interactive Discussion  | 15:05 – 15:50 | Navigating the Path to Success: Resilience and Strategies for Thriving During Otolaryngology-Head and Neck Residency  |
| 10:25 – 10:35 | Dr. Zaid Almubarak (Supervisor: Dr. Leigh Sowerby)<br>Analysis of Repair Costs for Nasopharyngoscopes in Outpatient Clinics at a Tertiary Academic Centre   | 15:50 – 16:05 | Interactive Discussion  |
| 10:35 – 10:40 | Interactive Discussion  | 16:05 – 16:10 | Residents Day Attendee Draw   |
| 10:40 – 10:45 | Introduction of Dr. Kathleen Yaremchuk,<br>Distinguished Visiting Professor   | 16:10 – 16:15 | Simon Kirby Most Caring Resident Award  |
| 10:45 – 11:30 | "IF we knew then, what we know now about OSA"   | 16:15 – 16:20 | Evaluation Form Completion  |
| 11:30 – 11:45 | Interactive Discussion  | 16:20 – 16:25 | Closing Educational Remarks   |
| 11:45 – 13:05 | Group Photo in ball room followed by lunch  |               |   |

This program has received an education grant from:



Additional financial support provided by department endowments